



# NATIONAL SHOTOKAN KARATE ASSOCIATION INDIA

## SHOTOKAN KARATE BELT GRADING RULES & SYLLABUS

(Approved by the NSKAI Technical Director, for implementation, from 01/01/2022)

	Yellow Belt
	Orange Belt
	Green Belt
	Blue Belt
	Purple Belt
	Brown Belt 3rd Kyu
	Brown Belt 2nd Kyu
	Brown Belt 1st Kyu
	Black Belt Shodan
	Black Belt Nidan
	Black Belt Sandan
	Black Belt Yondan
	Black Belt Godan



Any queries regarding this syllabus please contact :

**SENSEI SANJAY INGOLE**

Chief Instructor & Technical Director  
National Shotokan Karate Association India

Office : Plot No. 61, New Dnyeshwar Nagar, Lane No.6, Manewada Road, Nagpur-440027 (Maharashtra - India)

E-mail : [nskaindia@gmail.com](mailto:nskaindia@gmail.com) Website : [nskaindiakarate.com](http://nskaindiakarate.com)



# NATIONAL SHOTOKAN KARATE ASSOCIATION INDIA NSKA INDIA GRADING RULES & SYLLABUS

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## **Kyu Grading Rules :-**

- 1) NSKAI Karateka will be eligible to grade providing they have fulfilled all technical requirements. The grading may be taken at the student's own dojo, other dojo's or at special courses.
- 2) Novices may grade after four months of training.
- 3) There must be a minimum of three monthly intervals between each grading from 8th kyu to 1st kyu.
- 4) Students who fail a Kyu grading may re-take their examination after one month.
- 5) Re-grading may be applied, when an applicant has not demonstrated a full understanding of, or demonstration of, the Grading Syllabus.
- 6) After having failed re-grading must be conducted free of charge. A fee should have been paid at the first attempt.
- 7) Double gradings are not permitted above Green Belt (6th Kyu) level.
- 8) **Kyu Grading Age Restrictions**  
There are no age restrictions for Kyu grades. The minimum age to begin training permitted is four years. It must be emphasised that the NSKAI Syllabus is intended as a guideline to prepare students for their gradings and that the most important factor is the examinee's quality of performance.
- 9) **Grading Syllabus**  
The examiner may ask to see some or all of the Kihon, Kata and Kumite listed in the NSKAI Syllabus. Candidates may be required to demonstrate material from previous gradings to ensure overall development – a brown belt for example may be asked to perform a Heian Kata.

## **NSKAI Dan Grading Rules :-**

- 1) 1st Kyu must be achieved before grading for 1st Dan.
- 2) The minimum period between 1st Kyu and 1st Dan grading is 6 months.
- 3) Students who fail 1st or 2nd Dan gradings must wait a minimum of three months before re-taking the examination unless a different time period is specified by the examiner.
- 4) Students who fail 3rd Dan and above must wait until the next Special Dan Grading Course before re-taking the examination.



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## GRADING SYLLABUS

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### YELLOW BELT

### 8th KYU (Hachi kyu)

- Training required 3 months
- Minimum age : Not Applicable

### KIHON (BASCIS)

Kihon will be performed with forward and turn back (Mavate) stepping.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- CHUDAN OI TSUKI
- CHUDAN GYAKU TSUKI
- JODAN AGE UKE
- CHUDAN SOTO UKE
- CHUDAN UCHI UKE

#### FROM KOKUTSU DACHI

- CHUDAN SHUTO UKE

#### FROM ZENKUTSU DACHI - KAMAE

- MAE GERI

#### FROM KIBA DACHI

- YOKO GERI KEAGE

### KATA

- HEIAN SHODAN

### KUMITE

- GOHAN KUMITE (Hidari - left leg forward)
- JODAN TSUKI
- CHUDAN TSUKI
- CHUDAN MAE GERI



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## GRADING SYLLABUS

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### ORANGE BELT

7th KYU (Nana kyu)

- Training required 6 months
- Minimum age : Not Applicable

### KIHON (BASCIS)

Kihon will be performed with forward and turn back (Mavate) stepping.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- CHUDAN OI TSUKI
- CHUDAN GYAKU TSUKI
- JODAN AGE UKE - GYAKU TSUKI
- CHUDAN SOTO UDE UKE - GYAKU TSUKI
- CHUDAN UCHI UDE UKE - GYAKU TSUKI

#### FROM KOKUTSU DACHI

- CHUDAN SHUTO UKE

#### FROM ZENKUTSU DACHI - KAMAE

- MAE GERI
- MAWASHI GERI

#### FROM KIBA DACHI

- YOKO GERI KEAGE
- YOKO GERI KEKOMI

### KATA

- Perform a kata from a previous grading Heian Shodan
- HEIAN NIDAN

### KUMITE

SANBON KUMITE (Hidari - left leg forward)  
(Perform a kumite from a previous grading)

- JODAN TSUKI - CHUDAN TSUKI - CHUDAN MAE GERI



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## GRADING SYLLABUS

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### GREEN BELT

6th KYU (Rok kyu)

- Training required 1 year
- Minimum age : Not Applicable

### KIHON (BASCIS)

Kihon will be performed with forward and turn back (Mavate) stepping.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- CHUDAN OITSUKI - CHUDAN GYAKU TSUKI
- CHUDAN GYAKU TSUKI - KIZAMI TSUKI - CHUDAN GYAKU TSUKI
- JODAN AGE UKE - GYAKU TSUKI
- CHUDAN SOTO UDE UKE - GYAKU TSUKI
- CHUDAN UCHI UDE UKE - GYAKU TSUKI

#### FROM KOKUTSU DACHI (Performed with forward & backward stepping)

- CHUDAN SHUTO UKE - NUKITE (ZENKUTSU DACHI)

#### FROM ZENKUTSU DACHI - KAMAE (Performed with forward & backward stepping)

- MAE GERI
- MAWASHI GERI

#### FROM KIBA DACHI (Performed with forward & backward stepping)

- YOKO GERI KEAGE
- YOKO GERI KEKOMI

### KATA

Perform a kata from a previous grading HEIAN SHODAN, HEIAN NIDAN

- HEIAN SANDAN

### KUMITE

SANBON KUMITE (Hidari - left leg forward)

(Perform a kumite from a previous grading)

- JODAN TSUKI - CHUDAN TSUKI - CHUDAN MAE GERI



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## GRADING SYLLABUS

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### BLUE BELT

### 5th KYU (Go kyu)

\* Training required 1 year 6 months \* Minimum age : Not Applicable

#### KIHON (BASCIS)

Kihon will be performed with forward and backwards stepping.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- SANBON TSUKI (OI TSUKI : JODAN-CHUDAN-CHUDAN)
- SANBON TSUKI (GYAKU TSUKI : CHUDAN-JODAN-CHUDAN)
- SPINNING CHUDAN GYAKU TSUKI
- JODAN AGE UKE - GYAKU TSUKI
- CHUDAN SOTO UDE UKE - GYAKU TSUKI (ZENKUTSU DACHI) - ENPI UCHI - URAKEN (KIBADACHI)
- CHUDAN UCHI UDE UKE - JODAN KIZAMI TSUKI - CHUDAN GYAKU TSUKI
- CHUDAN SHUTO UKE (KOKUTSU DACHI) - NUKITE (ZENKUTSU DACHI)

#### FROM ZENKUTSU DACHI-KAMAE (Performed with forward & turn back 'Mavate' stepping)

- MAE GERI
- MAE REN GERI (CHUDAN-JODAN)
- MAWASHI GERI

#### FROM KIBADACHI (Performed with forward & turn back 'Mavate' stepping)

- YOKO GERI KEAGE
- YOKO GERI KEKOMI

#### KATA

Perform a kata from a previous grading HEIAN SHODAN, HEIAN NIDAN, HEIAN SANDAN

- HEIAN YONDAN

#### KUMITE

KIHON IPPON KUMITE (Hidari/Migi both the leg)

(Perform a kumite from a previous grading)

- JODAN TSUKI ● CHUDAN TSUKI ● CHUDAN MAE GERI



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## GRADING SYLLABUS

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### PURPLE BELT

### 4th KYU (Yon kyu)

- Training required 2 years
- Minimum age : Not Applicable

#### KIHON (BASCIS)

Kihon will be performed with forward and backwards stepping.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- SANBON TSUKI (OI TSUKI : JODAN-CHUDAN-CHUDAN)
- SANBON TSUKI (GYAKU TSUKI : CHUDAN-JODAN-CHUDAN)
- SPINNING CHUDAN GYAKU TSUKI - KIZAMI TSUKI
- JODAN AGE UKE - GYAKU TSUKI
- CHUDAN SOTO UDE UKE-GYAKU TSUKI (ZENKUTSU DACHI) - ENPI UCHI - URAKEN (KIBADACHI)
- CHUDAN UCHI UDE UKE - JODAN KIZAMI TSUKI - CHUDAN GYAKU TSUKI
- CHUDAN SHUTO UKE (KOKUTSU DACHI)-NUKITE(ZENKUTSU DACHI)

#### FROM ZENKUTSU DACHI - KAMAE (Performed with forward & turn back 'Mavate' stepping)

- MAE GERI
- MAE REN GERI (CHUDAN-JODAN)
- MAWASHI GERI
- MAEGERI-MAWASHI GERI -YOKO GERI-USHIROGERI - GYAKU TSUKI

#### FROM KIBADACHI (Performed with forward & turn back 'Mavate' stepping)

- YOKO GERI KEAGE
- YOKO GERI KEKOMI

#### KATA

Perform a kata from a previous grading HEIAN SHODAN, HEIAN NIDAN, HEIAN SANDAN HEIAN YONDAN

- HEIAN GODAN

#### KUMITE

KIHON IPPON KUMITE (Hidari/Migi both the leg)

(Perform a kumite from a previous grading)

- JODAN TSUKI
- CHUDAN TSUKI
- CHUDAN MAE GERI
- YOKO GERI
- MAWASHI GERI



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### **BROWN BELT**

**3rd KYU (San kyu)**

- Training required 2 years 6 months
- Minimum age : Not Applicable

### **KIHON (BASCIS)**

Kihon will be performed with forward and backwards stepping.

#### **FROM ZENKUTSU DACHI - GEDAN BARAI**

- CHUDAN OI TSUKI
- CHUDAN GYAKU TSUKI
- SPINNING GYAKU TSUKI - KIZAMI TSUKI - GYAKU TSUKI
- GODAN AGE UKE - GYAKU TSUKI
- CHUDAN SOTO UDE UKE - ENPI - URAKEN (Enpi-Uraken Kiba Dachi)
- CHUDAN UCHI UKE - KIZAMI TSUKI - GYAKU TSUKI
- CHUDAN SHUTO UKE (Shuto uke : Kokustu dahi) - NUKITE

#### **FROM ZENKUTSU DACHI - KAMAE** (Performed with forward & turn back 'Mavate' stepping)

- MAE GERI - MAWASHI GERI - GYAKU TSUKI
- MAWASHI GERI - URAKEN - OI TSUKI
- USHIRO GERI - GYAKU TSUKI

#### **FROM FUDO DACHI** (Performed with forward & backward stepping)

- OI TSUKI

#### **FROM KIBA DACHI** (Performed with forward & turn back 'Mavate' stepping)

- YOKO GERI KEAGE
- YOKO GERI KEKOMI

### **KATA**

Perform a kata from a previous grading HEIAN 1 - 5

- TEKKI SHODAN
- BASSAI DAI

### **KUMITE**

JIYU IPPON KUMITE (Hidari/Migi both the leg)

(Perform a kumite from a previous grading)

- JODAN TSUKI
- CHUDAN TSUKI
- CHUDAN MAE GERI
- MAWASHI GERI





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## GRADING SYLLABUS

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### BROWN BELT

2nd KYU (Ni kyu)

- Training required 3 years
- Minimum age : Not Applicable

### KIHON (BASCIS)

Kihon will be performed with forward & turn back 'Mavate' stepping

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- MAE GERI - KIZAMI TSUKI - GYAKU TSUKI
- MAWASHI GERI - GYAKU TSUKI
- GYAKU TSUKI - MAE GERI - OI TSUKI - GEDAN BARAI
- MAE GERI - MAWASHI GERI - URAMAWASHI GERI
- KIZAMI YOKO GERI KEKOMI - USHIRO GERI - GYAKU TSUKI
- USHIRO GERI - GYAKU TSUKI
- CHUDAN SHUTO UKE (Shuto uke : Kokustu dahi) - NUKITE

#### FROM FUDO DACHI (Performed with forward & backward stepping)

- OI TSUKI

#### FROM KIBA DACHI (Performed with forward & turn back 'Mavate' stepping)

- YOKO GERI KEAGE - YOKO GERI KEKOMI (Same leg)

### KATA

Perform a kata from a previous grading HEIAN 1 - 5, TEKKI SHODAN

- BASSAIDAI • JION

### KUMITE

JIIYU IPPON KUMITE (Hidari/Migi both the leg)

(Perform a kumite from a previous grading)

- JODAN TSUKI
- CHUDAN TSUKI
- CHUDAN MAE GERI
- YOKO GERI
- MAWASHI GERI



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## GRADING SYLLABUS

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### **BROWN BELT**

### **1st KYU (Ichi kyu)**

- Training required 3 years 6 months • Minimum age : Not Applicable

#### **KIHON (BASCIS)**

Kihon will be performed with forward & turn back 'Mavate' stepping

#### **FROM ZENKUTSU DACHI - GEDAN BARAI**

- MAE GERI - KIZAMI TSUKI - SPINNING GYAKU TSUKI
- MAWASHI GERI - GYAKU TSUKI - SPINNING GYAKU TSUKI
- MAE GERI - KIZAMI TSUKI - GYAKU TSUKI - SPINNING URAKEN - GYAKU TSUKI
- CHUDAN SHUTO UKE (Shuto uke : Kokustu dahi) - NUKITE

#### **FROM ZENKUTSU DACHI - KAMAE** (Performed with forward & turn back 'Mavate' stepping)

- MAE GERI - MAWASHI GERI - URA MAWASHI GERI
- USHIRO GERI - GYAKU TSUKI
- KIZAMI YOKO GERI - USHIRO GERI - GYAKU TSUKI

#### **FROM FUDO DACHI** (Performed with forward & backward stepping)

- OI TSUKI - GYAKU TSUKI

#### **FROM KIBA DACHI** (Performed with forward & turn back 'Mavate' stepping)

- YOKO GERI KEAGE - YOKO GERI KEKOMI (Same leg)

#### **KATA**

Perform a kata from a previous grading HEIAN 1 - 5, TEKKI SHODAN, BASSAI DAI, JION

- ENPI • KANKU DAI

#### **KUMITE**

JIYU IPPON KUMITE (Hidari/Migi both the leg)

(Perform a kumite from a previous grading)

- JODAN TSUKI • CHUDAN TSUKI
- CHUDAN MAE GERI • YOKO GERI • MAWASHI GERI
- URAMAWASHI GERI



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## DAN GRADING SYLLABUS

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### BLACK BELT

### 1st DAN (Shodan)

- Training required 4 years
- Minimum age : 8 or over

**KIHON (BASCIS)** Kihon will be performed with forward, backwards or and same back stepping as per examiners directions.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- SANBON OI TSUKI (JODAN-CHUDAN-CHUDAN)
- SPINNING GYAKU TSUKI - OI TSUKI - GYAKU TSUKI
- AGE UKE - URAKEN (SAME ARM) - GYAKU TSUKI
- UCHI UKE - KIZAMI TSUKI - GYAKU TSUKI - MAWASHI ENPI
- SANBON GYAKU TSUKI (CHUDAN-JODAN-CHUDAN)
- CHUDAN SOTO UDE UKE (ZENKUTSU DACHI) - ENPI UCHI (KIBA DACHI) - SPINNING URAKEN (ZENKUTSU DACHI) - GYAKU TSUKI (ZENKUTSU DACHI)
- CHUDAN UCHI UDE UKE - JODAN KIZAMI TSUKI - MAE GERI - CHUDAN GYAKU TSUKI

#### FROM KOKUTSU DACHI (Performed with forward & backward stepping)

- CHUDAN SHUTO UKE - KIZAMI MAE GERI - NUKITE (NUKITE: ZENKUTSU DACHI)

#### FROM ZENKUTSU DACHI - GEDAN BARAI (Performed with forward & turn back 'Mavate' stepping)

- KIZAMI MAE GERI - MAWASHI GERI - GYAKU TSUKI
- MAE GERI - MAWASHI GERI - GYAKU TSUKI - GEDAN BARAI
- MAE GERI - YOKO GERI KEKOMI - GYAKU TSUKI - GEDAN BARAI
- MAWASHI GERI - USHIRO GERI

#### FROM FUDO DACHI (Performed with forward & backward stepping)

- OITSUKI - GYAKU TSUKI

#### FROM KIBA DACHI (Performed with forward & turn back 'Mavate' stepping)

- YOKO GERI KEAGE - YOKO GERI KEKOMI (Stepping)

#### KIME WAZA

● Gyaku Tsuki - Performed from Gedan Barai - Zenkutsu Dachi. Returning to Gedan Barai position without a reach out. Hikite and Hip rotation must be applied during the execution of the Gyaku Tsuki strike. Ideally, the front foot should not move

#### KATA

- A) Examiner choose one Kata from this group
- HEIAN 1-5
  - TEKKI SHODAN
  - BASSAIDAI
  - JION
  - ENPI
- B) ● TEKKI NIDAN ● KANKU DAI ● KANKU SHO

#### KUMITE (Perform a kumite from a previous grading)

- JIYU KUMITE



# NATIONAL SHOTOKAN KARATE ASSOCIATION INDIA DAN GRADING SYLLABUS

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## BLACK BELT

## 2nd DAN (Nidan)

- Training required 6 years. (2 years after 1st Dan registration)
- Minimum age : 18 or over.

**KIHON (BASCIS)** Kihon will be performed with forward, backwards or and same back stepping as per examiners directions.

### FROM ZENKUTSU DACHI - GEDAN BARAI

- SPINNING URAKEN-GYAKU TSUKI-SPINNING BACK GEDAN BARAI-GYAKU TSUKI
- OI TSUKI - GYAKU TSUKI - SPINNING GYAKU TSUKI
- AGE UKE - SOTO UKE - UCHI UKE - GEDAN BARAI - SHUTO UKE  
(Shuto uke : Kokutsu Dachi) - NUKITE (Nukite : Zenkutsu Dachi)

### FROM JIYU NAKAMAE

- KIZAMI TSUKI - MAE GERI - OI TSUKI
- (Step back) AGE UKE - (Forward) MAWASHI GERI-URAKEN UCHI - OI TSUKI
- (Forward) MAE GERI - SPINNING BACK MAWASHI GERI-(Forward)  
GEDAN BARAI - GYAKU TSUKI

### FROM ZENKUTSU DACHI - SHOMEN

- MAE GERI - MAWASHI GERI (Same leg to the front)
- MAWASHI GERI - YOKO GERI KEKOMI (Same leg to the front)
- MAE GERI - YOKO GERI KEAGE - USHIRO GERI (Same leg 3 directions)

### FROM FUDO DACHI

- OI TSUKI - GYAKU TSUKI

### FROM KIBADACHI

- YOKO GERI KEAGE - YOKO GERI KEKOMI (Stepping - change leg)

**KIME WAZA** • Kizami Tsuki (perform from a free stance, from and returning to a free arm position). Hikite must be applied during the execution of the Kizami Tsuki strike.

**KATA** A) Choose one Kata from this group- BASSAI DAI, KANKU DAI, JION, ENPI, JITTE

B) Examiner choose one Kata from this group

- TEKKI NIDAN
- TEKKI SANDAN
- GANKAKU
- BASSAI SHO
- KANKU SHO
- GOJU SHIHO SHO

### KUMITE

A) **KIHON IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI & MAWASHI GERI

B) **JIYU IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI, MAWASHI GERI, USHIRO GERI, KIZAMI TSUKI, GYAKU TSUKI

C) **JIYU KUMITE**



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## DAN GRADING SYLLABUS

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### BLACK BELT

### 3rd DAN (Sandán)

- Training required 8 years. (2 years after 2nd Dan registration)
- Minimum age : 25 or over

**KIHON (BASCIS)** Kihon will be performed with forward, backwards or and same back stepping as per examiners directions.

#### FROM ZENKUTSU DACHI - GEDAN BARAI

- OI TSUKI - SPINNING - GYAKU TSUKI
- OI TSUKI - GYAKU TSUKI - GYAKU TSUKI (45° degree back) -  
Forward URAKEN - GYAKU TSUKI
- OITSUKI - GEDAN BARAI (Same hand) - GYAKU TSUKI

#### FROM FUDO DACHI - GEDAN BARAI

- CHUDAN OI TSUKI (Forward and backward stepping)

#### FROM ZENKUTSU DACHI - SHOMEN

- MAE GERI - YOKO GERI - USHIRO GERI - MAWASHI GERI

#### KIME WAZA

• Kizami Tsuki or Gyaku Tsuki (perform from a free stance, from and returning to a free arm position). Hikite must be applied during the execution of each strike.

#### KATA

A) Shitei Kata - (Examiner Choose one Kata from this group)

BASSAIDAI, KANKU DAI, JION, ENPI, JITTE

B) Sentei Kata - (Candidate choose one Kata from this group.)

- SOCHIN
- CHINTE
- JI'IN
- NIJUSHIHO
- TEKKI SANDAN

#### KUMITE

A) **KIHON IPPON KUMITE** : - Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI & MAWASHI GERI

B) **JIYU IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI , MAWASHI GERI, USHIRO GERI, KIZAMI TSUKI, GYAKU TSUKI

C) **JIYU KUMITE** - Self Defence technique.



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## BLACK BELT

## 4th DAN (Yondan)

- Training required 11 years. (3 years after 3rd Dan registration)
- Minimum age : 35 or over
- Yondan Gradings are by Technical Director's invitation only.
- Must be an accredited National Judge and Referee, certified by NSKA INDIA

### KIHON

- As directed by Examiner.

### KATA

- A) Shitei Kata - (Examiner Choose one Kata from this group)  
MEIKO, GOJUSHIHO-DAI, GOJUSHIHO-SHO, UNSU, WANKAN
- B) Sentei Kata - (Candidate choose one Kata from this group.)  
BASSAIDAI, KANKU DAI, JION, ENPI, JITTE
- C) Explanation and demonstration of two Bunkai will be requested by the Examiner.

### KUMITE

- A) **KIHON IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI & MAWASHI GERI
- B) **JIYU IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI, MAWASHI GERI, USHIRO GERI, KIZAMITSUKI, GYAKUTSUKI
- C) **JIYU KUMITE** - Any two Self Defence technique.



# NATIONAL SHOTOKAN KARATE ASSOCIATION INDIA DAN GRADING SYLLABUS

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## BLACK BELT

## 5th DAN (Godan)

- Training required 15 years. (4 years after 4th Dan registration)
- Minimum age : 45 or over
- Yondan Gradings are by Technical Director's invitation only.
- Must be an accredited National Judge and Referee, certified by NSKA INDIA

## KIHON

- As directed by Examiner.

## KATA

- A) Shitei Kata - (Examiner Choose one Kata from this group)  
MEIKO, GOJUSHIHO-DAI, GOJUSHIHO-SHO, UNSU, WANKAN
- B) Sentei Kata - (Candidate choose one Kata from this group.)  
BASSAIDAI, KANKUDAI, JION, ENPI, JITTE
- C) Explanation and demonstration of two Bunkai will be requested by the Examiner.

## KUMITE

- A) **KIHON IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI & MAWASHI GERI
- B) **JIYU IPPON KUMITE** :- Both right and left sides, with one technique performed that is the examiners choice from JODAN, CHUDAN, MAE GERI, YOKO GERI, MAWASHI GERI, USHIRO GERI, KIZAMITSUKI, GYAKUTSUKI
- C) **JIYU KUMITE** - Any two Self Defence technique.



# NATIONAL SHOTOKAN KARATE ASSOCIATION INDIA

## BELT RANKING SYSTEM

RANK	BELT COLOUR	TRAINING REQUIRED	MINIMUM AGE
9th Kyu	White Belt	Beginners	N/A
8th Kyu	Yellow Belt	3 Months	N/A
7th Kyu	Orange Belt	6 Months	N/A
6th Kyu	Green Belt	1 year	N/A
5th Kyu	Blue Belt	1 year 6 months	N/A
4th Kyu	Purple Belt	2 years	N/A
3rd Kyu	Brown Belt - III	2 year 6 months	N/A
2nd Kyu	Brown Belt - II	3 years	N/A
1st Kyu	Brown Belt - I	3 year 6 months	N/A
Shodan	Black Belt 1st dan	4 years	8
Nidan	Black Belt 2nd dan	5 years	18
Sandan	Black Belt 3rd dan	2 years as 2nd dan	25
Yondan	Black Belt 4th dan	3 years as 3rd dan	35
Godan	Black Belt 5th dan	4 years as 4th dan	45
Rokudan	Black Belt 6th dan	5 years as 5th dan	50
Shichidan	Red and Black Belt 7th dan	6 years as 6th dan	56
Hachidan	Red and Black Belt 8th dan	7 years as 7th dan	63
Kudan	Red Belt 9th dan	8 years as 8th dan	71
Judan	Red Belt 10th dan	9 years as 9th dan	80